

YOUR GUIDE TO EXCHANGE STUDIES AT
UMEÅ UNIVERSITY
SWEDEN



UMEÅ UNIVERSITY



WELCOME TO UMEÅ UNIVERSITY

Umeå University is one of the leading comprehensive universities in Sweden. Creative environments attract students, researchers, teachers and collaborating partners both nationally and globally. We strive to provide our students and staff with unique opportunities for professional and personal development, whilst serving both the local and global society with new knowledge.

EDUCATION FOR ALL

Umeå University offers a wide range of programmes and courses taught entirely in English. Every year, we host around 2,000 international students, teachers and researchers from all over the world.

MODERN FACILITIES AND A CREATIVE ATMOSPHERE

Renowned for its modern and creative learning environments, featuring Umeå Arts Campus, the University Library, high-speed Wifi and Bildmuseet - the

university's museum of contemporary art and visual culture. Since 2020 we are also the home of Curiosum - Umeå University's brand new science center.

WORLD CLASS RESEARCH

Research at the university is innovative and extends over many disciplines and scientific fields. We carry out top-level international research within such areas as ageing and population studies, infection biology, global health, and plant and forest biotechnology.

QUICK FACTS

- Founded 1965** (Flag icon)
- 60 nationalities are represented** (Globe icon)
- 4 Faculties** (Folder icon)
- Over 35,000 enrolled students** (Graduation cap icon)
- Over 40 degree programmes in English** (Book icon)
- More than 4,000 employees** (Three people icon)

WHAT CAN YOU STUDY?

Umeå University offers a wide variety of single-subject courses taught entirely in English. You will receive a quality education from a dedicated teaching staff while enjoying a creative learning environment.

COURSES BY SUBJECT

Architecture	English	Peace and Conflict
Artificial Intelligence	Fine Art	Studies
Biomedical Sciences	Food and Nutrition	Philosophy
Business	Gender Studies	Physics
Administration	Geographical	Plant Physiology
Chemistry	Information Systems	Political Science
Computing Science	Human Geography	Psychology
Cultural and Media	Informatics	Public Health
Studies	Law	Radiation Physics
Design	Mathematical	Robotics
Earth Science	Statistics	Social Work
Ecology and Environ-	Mathematics	Sociology
mental Science	Media Technology	Statistics
Economic History	Medicine	Swedish
Economics	Molecular Biology	Theology
Education	Nursing	Tourism
Electronics		

You can find information about all our available courses on our website.

HOW TO APPLY

Exchange students must first be nominated by their home universities. Once you have been nominated, you will receive instructions on how to apply to Umeå University.

IMPORTANT DATES

AUTUMN SEMESTER

Nomination deadline: 1 April
Application deadline: 15 April

SPRING SEMESTER

Nomination deadline: 1 October
Application deadline: 15 October

Please note: Dates are subject to change. Check our website for updated information.



OUR CAMPUSES

Umeå University has two campuses located in Umeå. At our university there are many possibilities for you to make new friends, learn from students with different backgrounds, engage in student's rights and join organisations that meet your interests. Every week, there is something going on for you to take part in.

CAMPUS UMEÅ

Campus Umeå is the main campus and where it all began. The vast majority of courses and programmes are held in it's many buildings and facilities - all within walking distance of each other. Campus Umeå is also where you can find our libraries, restaurants, cafés, study places, and services for students.

UMEÅ ARTS CAMPUS

Umeå Arts Campus is situated by the scenic banks of the Umeå River in central Umeå. It hosts Umeå Institute of Design, Umeå Academy of Fine Arts and Umeå School of Architecture. It also lies next to Bildmuseet - Umeå University's museum of contemporary art and visual culture.



ENGAGE

JOIN A STUDENT UNION OR ASSOCIATION

Student unions and associations are an essential part of student life at the university. Many students are involved in creating a high quality of education, good working environment, and fun leisure time for their peers. There are plenty of opportunities for dedicated students.

JOIN THE BUDDY PROGRAMME

In the Buddy Programme, established students introduces you to student life in Umeå. Meet new friends from all around the world and get to know the Swedish way of life. You will have the possibility to participate in various activities such as sports, parties, dinners, trips and more.

MOVE YOUR BODY

Campus Umeå has alternatives for exercising both indoors and outdoors. Next to the campus lies one of Europe's largest indoor sports and fitness facilities - IKSU Sport. If you want an outdoor experience - there is also an on-campus outdoor gym.

VISIT CULTURE ON CAMPUS

Music, comedy, literature, theatre, dance and more. Culture on Campus organise free culture events for students and staff - almost every week and always at lunchtime.



SWEDISH STUDY SYSTEM

The academic year in Sweden is divided into two semesters: autumn and spring. Courses are taught with a variety of methods, for example lectures, lab work, discussion seminars, group or individual assignments. Sweden regularly ranks as one of the top countries in the world for non-native speakers of English which means you don't have to speak Swedish to study here.

DRAW YOUR OWN CONCLUSIONS

The teaching methods requires students to take responsibility for their own studies. Examinations seldom requires you to reproduce exactly the material presented during the lectures. Instead you are expected to summarise, evaluate and analyse to draw your own conclusions.

ASK QUESTIONS AND DEBATE

The academic lifestyle is relaxed and friendly with an informal dress code. The staff/student relationship is non-authoritarian and democratic – the professor is addressed by his or her given name. Asking questions and debating are the norm.

FOCUS ON ONE THING AT A TIME

You generally only take one course at a time. One full week of study is estimated to be approximately 40 hours of lectures, group work, seminars and self-study. Exams are not given at the end of the semester, but rather at the end of each course.

LEARN SKILLS FOR A GLOBAL CAREER

Sweden ranks among the world's most innovative nations. During your studies you will learn to be creative, how to combine theory and practice, and how to navigate complex situations. You will also learn how to bring out the best in everyone and solve complex issues as a team – vital skills for your global career.

Alt 1	7,5 ECTS	7,5 ECTS	7,5 ECTS	7,5 ECTS
Alt 2	15 ECTS		15 ECTS	
Alt 3	7,5 ECTS	7,5 ECTS	15 ECTS	
Alt 4	15 ECTS		7,5 ECTS	7,5 ECTS
Alt 5	30 ECTS			

Different ways of studying one course at a time.

ACCOMMODATION

Umeå University Accommodation Service offers student housing to exchange students and tuition fee-paying students. Both Swedish and international students live in the student corridors.



SINGLE-OCCUPANCY

A student corridor is usually comprised of 6-10 single-occupancy rooms with a shared kitchen and a common room.



FURNISHED

The rooms are furnished with a bed with mattress, duvet and pillow, desk, desk chair, bookcase, drawers and wardrobe.



CLOSE TO CAMPUS

Housing areas are located within 20 minutes walking distance or 10 minutes cycle distance from campus.



INTERNET INCLUDED

Internet is included in the rent (you need a LAN cable or a wi-fi-router). On campus you have free access to wi-fi.

COST OF LIVING (SEK)

Food	2,000
Accommodation	4,300
Local Travel	550
Phone/internet	300
Hobby/Leisure/Miscellaneous	1,544
Est. Monthly Budget	8,694*

**Please note that this is an average monthly budget for living in Sweden according to the Swedish Migration Agency. The cost of living is generally slightly lower in Umeå. For example, a single room in Umeå costs around 3,400 SEK per month.*

Students applying for a residence permit to Sweden need to present a bank statement showing they have the sufficient funds to support themselves during their study period.

EXPERIENCE UMEÅ

Umeå is known as the culture city, the innovative city, the festival city, the best city for sports, and the city of birches. The Umeå region is composed of Umeå and the five neighbouring municipalities. The region has a unique span in which nature activities, culture, history and city life easily can be combined.

A CULTURE CITY

In Umeå you can find museums, a sculpture park, theatres, an opera with professional symphony orchestra and also events like an international literature festival, the music festival Brännbollsyran, and many other events. As proof of the city's vibrant cultural scene, Umeå was named European Capital of Culture in 2014.

AN INNOVATIVE CITY

Umeå is one of Sweden's fastest growing cities - from 40,000 residents in 1965 to 130,000 people in 2022. The city is also home to many growing companies for example in the fields of biotechnology, environment and energy, medicine, IT, modern forestry and engineering industries.

OUTDOORS AND INDOORS

Experience the Northern Lights, arctic landscape and long/bright summer nights. Umeå's proximity to nature offers many possibilities such as fishing, skiing, hiking and cycling. Umeå also offers a great range of sports activities: outdoor gyms, a skate park, ski slopes, training facilities, a curling hall and ice hockey halls.

EASY TO GET AROUND

Two central train stations, a peri-urban airport and bus stops all over the city makes travelling to, from and in Umeå really easy! Umeå is also a cycling city - with a cycle super highway and 260 kilometres of paved bicycle paths that takes you pretty much everywhere.



QUICK FACTS



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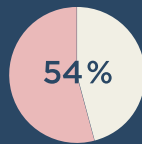
is the average age of the residents



Over 130,000 citizens



2,300 birch trees in the city centre



54%

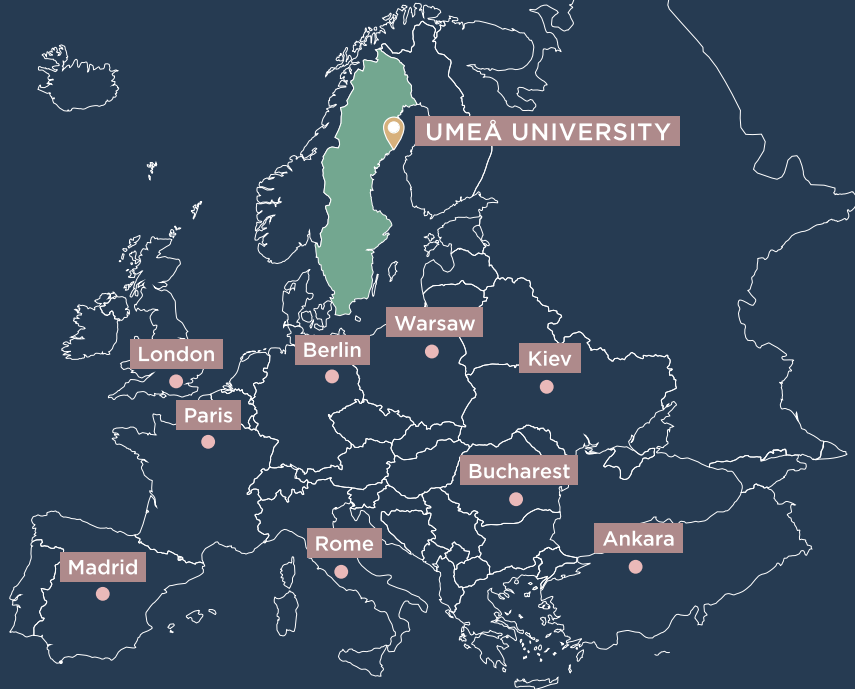
of the residents were not born in Umeå

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Christina Hülsmann, Elin Berge, Malin Grönberg, Mattias Pettersson, Mikael Lindgren, Ulrika Bergfors, Umeå kommun



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CONTACT US

Umeå University
SE-901 87 Umeå, Sweden
Phone: + 46 (0) 90 786 50 00
E-mail: infocenter@umu.se



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