



## **SMOKE-FREE WORK ENVIRONMENT AT UMEÅ UNIVERSITY**

The clearly stated policy of Umeå University is that a smoke-free environment is the norm and this is to be respected by both staff and students. A smoke-free environment also conforms well with Umeå University's profile as an active sporting and environmentally conscious university.

### **AIMS**

The aims of Umeå University are:

- that nobody, whether an employee or student, is to be subjected to tobacco smoke against their will in their workplace
- to make progress towards smoke-free workplaces
- to reduce smoking generally.

### **GUIDELINES**

No smoking is allowed on university premises. Smoking is not allowed within 15 metres of any building. Smokers are to use the places marked out for them around the university.

## **REASONS FOR A SMOKE-FREE WORK ENVIRONMENT**

### **Legal reasons**

Due to the health risks and nuisance associated with tobacco smoke, the Tobacco Act (Swedish Code of Statutes SFS 1993:581 and SFS 1994:98) includes regulations for smoke-free work environments and a ban on smoking in places with public access.

According to the Tobacco Act, employers are responsible for ensuring that employees or students are not subjected to tobacco smoke on work premises or in similar areas they may need to use.

### **Health reasons**

Smoking exposes both the smoker and people nearby to health risks. Also to be considered are the problems and discomfort smoking causes to non-smokers and people with allergies.

### **Other reasons**

Smoking increases the risk of fires and accidents. In addition, tobacco smoke pollutes the air, causes an unpleasant odour and dirties our premises.

Göran Sandberg  
Vice-Chancellor